

Mens Road Running	Under 17	Under 25	Seniors	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
1 Mile		Sam Barker 5.02 (18)	Karl Chapman 5.24 (03)	Russell Clarke 5.23 (00)	John Wood 5.11 (86)	Nigel Poppleton 5.55 (03)	Alan Holland 5.56 (03)	Nigel Lambert 5.50 (19)	Stephen Dady 6.13 (19)				
5K	Aidan Banfield 17.09 (19)	James Preston 15.47 (11)	Jack Gillick 15.57 (16)	Spencer Goodall 16.50 (12)	Kevin Holland 16.07 (23)	Sean Thompson 17:42 (22)	Terry Brannan 18.19 (99)	Yitzhak Ben-Aroya 19.16 (19)	Stephen Dady 20.02 (17)	Stephen Dady 21.32 (22)	Graham Walsh 22:59 (23)	Dennis Carter 29:37 (22)	
5 Miles	Aidan Banfield 30.15 (19)	James Preston 26.12 (12)	John Harding 26.01 (88)	Spencer Goodall 27.54 (12)	Spencer Goodall 27.17 (13)	Peter Goreham 28.29 (89)	Terry Brannan 29.41 (99)	Yitzhak Ben-Aroya 32:18 (22)	Stephen Dady 33.00 (17)	Stephen Dady 35.16 (22)	Graham Walsh 38:18 (23)	Dennis Carter 50:31 (22)	
10K	Aidan Banfield 35.57 (20)	James Preston 32.26 (12)	John Harding 32.12 (89)	Stuart College 33.44 (87)	Kevin Holland 33.57 (21)	Peter Goreham 36.18 (90)	Fernando Silva 35.35 (12)	Stephen Dady 39.56 (15)	Stephen Dady 41.18 (18)	Stephen Dady 44.03 (22)	Graham Walsh 46:45 (23)	Dennis Carter 1:08:53 (22)	
10 Miles		Sam Barker 1:05.24 (17)	John Harding 53.59 (88)	Cyril Harrison 57.35 (89)	Peter Goreham 56.52 (89)	Peter Goreham 56.52 (90)	Fernando Silva 60.14 (14)	Stephen Dixon 39.56 (15)	Stephen Dady 1:09.28 (17)	Stephen Dady 1:12.45 (22)	Graham Walsh 1:16:29 (23)		
Half Marathon		Aiden Banfield 1:14.06 (22)	John Harding 1:11.48 (89)	Spencer Goodall 1:16.13 (12)	Kevin Holland 1:14.49 (21)	Peter Goreham 1:17.18 (92)	Fernando Silva 1:20.20 (13)	Richard White 1:28.16 (21)	Stephen Dady 1:33.33 (17)	Graham Walsh 1:42:52 (22)	Graham Walsh 1:45:37 (23)		
15 Miles			John Harding 1:25.30 (87)	Cyril Harrison 1:30.49 (89)	Terry Brannan 1:33.21 (91)	Peter Goreham 1:32.53 (90)	Terry Brannan 1:37.10 (99)	David Matthews 1:48.15 (02)	Terry Starkins 2:20.14 (?)				
20 Miles		Aidan Banfield 1:56.09 (23)	John Harding 1:56.35 (88)	Charlie Stringer 2:12.01 (23)	Billy Wheeler 2: 1:14.49 (21)	Peter Goreham 2:04.07 (91)	Richard White 2:18.49 (19)	Richard White 2:23.56 (21)	Andrew Lane 2:39.27 (22)	Graham Walsh 2:45.55 (22)	Graham Walsh 2:43:28 (23) BR		
Marathon		Aidan Banfield 2:36:17 (23)	John Harding 2:38.21 (88)	Charlie Stringer 2:54:00 (23)	Kevin Holland 2:35.47 (21)	Peter Goreham 2:48.15 (91)	Richard White 3:12.07 (19)	Andrew Lane 3:22.50 (17)	Andrew Lane 3:43.02 (21)	Graham Walsh 3:47.07 (22)	Graham Walsh 3:42:07 (23)		
Mens Track & Field	Under 25	Seniors	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	
100m		Matt Webster 13.3 (22)	Nigel Poppleton 13.4 (94)	Adrian Dearnly 13.01 (99)	Ian Foster 12.2 (94)	Roy Marchant 17.4 (94)	Derek Farman 13.8 (03)	Roy Marchant 18.2 (01)					
200m		Alistair Shearer 26.3 (18)	Les Hill 27.6 (03)	Adrian Dearnley 26.9 (00)	Ian Foster 25.6 (94)	Michael Sheldon 33.7 (93)	Derek Farman 27.5 (02)	Roy Marchant 38.9 (01)					
400m		Karl Walker 53.8 (94)	Andy Preston 57.8 (10)	Andy Preston 58.0 (12)	Andy Preston 61.2 (16)	Terry Brannan 73.9 (03)	Derek Farman 64.4 (03)	Roy Marchant 89.1 (01)					
800m		Karl Walker 2:00 (94)	Richard Sales 2:12 (03)	Andy Preston 2:19 (12)	Andy Preston 2:17.4 (16)	Terry Brannan 2:40.6 (03)	Nigel Lambert 2:37.34 (19)						
1500m	Aidan Banfield 4:31.7 (21)	Alistair Shearer 4:50 (20)	Richard Sales 4:26.6 (03)	Mike Bailie 4:39.6 (94)	John Wood 4:55.5 (93)	Terry Brannan 5:27.5 (03)	Nigel Lambert 5:24.05 (19)						
1 Mile		Matt Webster 5:29 (22)		Kevin Holland 4:33.6	Andrew Barrett 5:49 (23)		Nigel Lambert 5:50.01 (19)	Stephen Dady 6:12.3 (19)					
3000m	Aidan Banfield 9:19 (22)	Alistair Shearer 10:25 (19)	Richard Sales 9:32.1 (03)	Mike Bailie 9:58.9 (94)	Andrew Barrett 11:27 (23)	Terry Brannan 11:19.3 (03)	Nigel Lambert 11:48.38 (19)						
5000m	James Preston 15.47 (12)	Gary Starkins 16.45 (94)	Richard Johnson 17.59 (19)	Mike Bailie 17.07 (94)	Richard White 18.25 (10)	Richard White 19.40.3 (19)	Nigel Lambert 20.06 (19)	Stephen Dady 20.47 (19)					
10000m													
110m Hurdle		Robin Northman 18.7 (93)	Nigel Poppleton 20.2 (93)	Nigel Poppleton 22.1 (02)	Nigel Poppleton 20.6 (03)								
400m Hurdle		Alistair Shearer 60:09 (23)	Nigel Poppleton 67.1 (95)	Nigel Poppleton 75.0 (02)	Adrian Dearnley 73.7 (03)	Terry Brannan 81.2 (95)							
Hammer			Nigel Poppleton 13.3 (94)	Nigel Poppleton 13.6 (03)	Nigel Poppleton 14.7 (03)								
Javelin		Alistair Shearer 35.87 (18)	Richard Jackson 21.6 (94)	Russell Clarke 26.83 (03)	Nigel Poppleton 22.24 (03)	Terry Bilham 23.82 (99)							
Discus			Nigel Poppleton 20.54 (96)	Nigel Poppleton 16.91 (02)	Nigel Poppleton 20.86 (03)	Terry Bilham 29.1 (99)							
Shot		Alistair Shearer 8.11m (23)	Steve Corbould 6.68 (03)	Russell Clarke 6.40 (03)	Nigel Poppleton 6.74 (03)		Derek Farman 7.20 (03)	Roy Marchant 5.21 (02)					
High Jump		Robin Northman 1.85 (93)	Nigel Poppleton 1.55 (93)	Nigel Poppleton 1.45 (03)	Nigel Poppleton 1.45 (03)								
Long Jump		Robin Northman 6.55 (94)	Nigel Poppleton 5.23 (95)	Adrian Dearnley 5.44 (99)	Nigel Poppleton 4.34 (03)	Michael Sheldon 2.93 (93)							
Triple Jump		Robin Northman 13.10 (93)	Nigel Poppleton 11.15 (95)	Adrian Dearnley 11.21 (99)	Adrian Dearnley 10.13 (03)	Terry Bilham 8.46 (99)							
Pole Vault					Nigel Poppleton 1.30 (03)	Terry Bilham 2.55 (99)							
1 Mile Walk			Steve Corbould 9.51 (03)	Mike Bailie 11.29 (94)	Dennis Bartram 8.58 (03)	Roy Marchant 10.17 (93)	Roy Marchant 10.14 (94)	Roy Marchant 10.47 (99)					
2k Walk			Steve Corbould 12.45 (03)	Mike Bailie 12.56 (94)	Dennis Bartram 11.55 (03)	Roy Marchant 13.09 (94)	Roy Marchant 12.52 (94)	Roy Marchant 13.58 (00)					

Womens Road Running														
	Under 17	Under 25	Seniors	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
1 Mile		Sarah Royall 7.30 (14)	Sylvia Dady 7.45 (14)	Cat Ricketts 5.46 (14)	Lynn Hazleton 6.22 (02)	Elize Hartendorp 6.59 (03)	Margaret Bailey 7.57 (02)	Eva Osborne 6.36 (98)	Anne Martin 7.09 (99)	Anne Martin 7.30 (03)	Cindy Burgess 7.56 (19)	Anne Martin 8.36 (13)	Eva Osborne 8.36 (22) BR	
5K		Ruth Sturgess 21.05 (06)	Claire Kent 18: 53 (23)	Harriet Carr 17: 15 (23)	Cat Cummings 18.18 (19)	Alexandra Smith 19.42 (21)	Maria Lewis 19: 41 (22)	Veronica Manley 21.11 (03)	Claire Brown 21:12 (22)	Anne Martin 22.21 (03)	Anne Martin 25.15 (09)	Anne Martin 26.09 (12)	Eva Osborne 29.05 (22)	
5 Miles	Mim Lowe 42.22 (19)	Ruth Sturgess 35.28 (06)	Caroline Young 31.40 (91)	Juliette Watkinson 30.38 (22)	Juliette Watkinson 30: 09 (22)	Alex Ely 33:06 (23)	Sharon Hurren 34:02 (21)	Eva Osborne 35.15 (97)	Claire Brown 33.51 (22)	Anne Martin 38.25 (01)	Anne Martin 41.28 (08)	Anne Martin 42.57 (11)	Eva Osborne 47.28 (22) BR	
10K	Mim Lowe 53.29 (19)	Ruth Sturgess 42.37 (07)	Caroline Young 39.15 (91)	Harriet Carr 36.59 (23)	Juliette Watkinson 37: 45 (22)	Alex Ely 40:26 (23)	Maria Lewis 39: 54 (23)	Jenny Christian 44.12 (10)	Claire Brown 42.36 (22)	Anne Martin 48.59 (99)	Anne Martin 52.25 (09)	Anne Martin 53.40 (12)	Eva Osborne 59:56 (22)	
10 Miles			Claire Kent 1: 06:20 (23)	Harriet Carr 1:03.22 (23)	Louise McDonnell 1:04: 12 (23)	Alex Ely 1:08.15 (23)	Maria Lewis 1:06.46 (23)	Veronica Manley 1:13.33 (04)	Claire Brown 1: 12:50 (23)	Anne Martin 1:25.47 (01)	Anne Martin 1:29.25 (09)	Anne Martin 1:33.52 (12)	Eva Osborne 1:41.11 (22) BR	
Half Marathon			Claire Kent 1: 28:52 (23)	Harriet Carr 1:23.05 (23)	Juliette Watkinson 1: 23:16 (22)	Alexandra Smith 1:28:22 (23)	Maria Lewis 1: 28:43 (23)	Veronica Manley 1:37.20 (00)	Claire Brown 1: 34:28 (23)	Anne Martin 1:52.21 (02)	Anne Martin 1:53.56 (06)	Anne Martin 2:08.37 (12)		
15 Miles			Janet Hunter 1.51.56 (88)	Elize Hartendorp 2.06.39 (93)	Jenny Christian 1.56.50 (99)	Jenny Christian 1.51.19 (02)	Veronica Manley 1.50.13 (02)	Veronica Manley 1.49.22 (03)	Anne Martin 2.04.52 (00)	Anne Martin 2.10.55 (01)				
20 Miles			Tanya Crofts 2.39.57 (08)	Harriet Carr 2.12.37 (23)	Juliette Watkinson 2:11: 12 (23)	Eva Osborne 2:48.31 (88)	Veronica Manley 2.29.51 (02)	Veronica Manley 2.31.11 (04)	Claire Brown 2: 38:10 (23)		Anne Martin 3:19.52 (06)	Anne Martin 3:47.00 (12)		
Marathon			Tanya Crofts 3.26.44 (08)	Harriet Carr 2: 56:41 (23)	Juliette Watkinson 2:55: 21 (22)	Caroline Houghton 3:17.40 (21)	Veronica Manley 3.23.27 (02)	Veronica Manley 3.27.13 (03)	Anne Martin 3.46.08 (99)	Anne Martin 3.57.07 (01)	Anne Martin 4.36.35 (06)			
Womens Track & Field														
	Under 25	Seniors	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	
100m			Donna Conlon 16.7 (97)	Yvonne Newton 14.1 (98)	Yvonne Newton 14.5 (01)	Patricia Clarke 17.9 (99)	Hazel Marchant 20.0 (98)	Hazel Marchant 18.8 (02)	Carol Gibbons 16.6 (01)	Cindy Burgess 20.3 (19)	Eva Osborne 22.4 (18)			
200m		Dani Shearer 36.7 (20)	Carole Filer 27.7 (95)	Yvonne Newton 30.2 (98)	Yvonne Newton 37.3 (99)	Patricia Clarke 37.3 (99)	Hazel Marchant 41.1 (00)	Carol Gibbons 34.2 (99)	Anne Martin 38.7 (02)	Cindy Burgess 41.6 (19)	Eva Osborne 44.3 (16)	Anne Martin 44.5 (16) BR		
400m		Caroline Young 67.0 (91)	Carole Filer 67.2 (94)	Jane Clarke 69.3 (01)	Brenda Hutcheon 71.4 (94)	Eva Osborne 81.7 (93)	Eva Osborne 84.5 (97)	Anne Martin 86.8 (99/02)	Anne Martin 89.8 (01)	Cindy Burgess 1:36.9 (19)	Anne Martin 1:43.5 (13)	Anne Martin 1:48.53 (16) BR		
800m		Caroline Young 2.30 (92)	Sarah Watson 3.06 (97)	Jane Clarke 2.27 (01)	Brenda Hutcheon 2.41. (93)	Eva Osborne 3.01 (93)	Eva Osborne 3.03 (98)	Eva Osborne 3.05 (02)	Eva Osborne 3.26 (05)	Anne Martin 3.28 (07)	Anne Martin 3.37.(12) BR	Anne Martin 4.07.36 (16) BR		
1500m		Caroline Young 505 (93)	Juliette Watkinson 5.05.07 (20)	Jane Clarke 5.12 (01)	Shona Fairchild 5.37 (01)	Eva Osborne 5.56 (93)	Eva Osborne 6.01 (98)	Eva Osborne 6.03 (01)	Eva Osborne 6.34 (07)	Anne Martin 7.10 (09)	Anne Martin 7.28 (11)	Anne Martin 8.21.72 (16) BR		
1 Mile		Kathryn Heaney 6.59.5 (22)		Alexandra Smith 5.53.9 (19)					Christine Williams 8.13.9 (21)	Cindy Burgess 7.58 (19)	Eva Osborne 8.40.5 (19) BR	Eva Osborne 9.00.1(21) BR		
3000m		Caroline Young 10.57 (91)	Juliette Watkinson 11.11 (20)	Jane Clarke 10.19 (01)	Alex Smith 11.43 (20)	Eva Osborne 12.40 (93) BR	Eva Osborne 12.42 (98) BR	Eva Osborne 13.28 (01)	Anne Martin 13.56 (01)	Anne Martin 15.32 (07)	Anne Martin 15.43 (11) WR			
5000m		Caroline Young 19.18 (91)	Sarah Watson 24.26 (97)	Alexandra Smith 19.53 (19)		Eva Osborne 21.27 (92)	Eva Osborne 22.22 (98)	Eva Osborne 22.31 (01)	Anne Martin 23.40 (01)		Anne Martin 28.36 (11)			
10000m						Eva Osborne 47.12 (93)	Eva Osborne 48.28 (96)	Eva Osborne 47.07 (01)	Anne Martin 48.24 (00)					
80m Hurdle			Carole Filer 18.9 (94)		Shona Fairchild 16.9 (03)	Patricia Clarke 19.0 (99)								
100m Hurdle				Stephanie Mullarney 24.8 (98)	Shona Fairchild 25.0 (02)									
400m Hurdle			Carole Filer 71.7 (95)	Stephanie Mullarney 96.4 (98)	Shona Fairchild 83.9 (03)	Patricia Clarke 105.2 (99)								
Hammer				Stephanie Mullarney 19.02 (97)	Stephanie Mullarney 21.50 (02)			Anne Martin 19.58/4k (99) 23.18/3k(00)	Anne Martin 22.06 (01)	Anne Martin 20.16 (07) BR	Anne Martin 25.42/2k (11)	Anne Martin 23.90 (19)	Anne Martin 22.09 (21) BR	
Javelin			Stephanie Mullarney 23.56 (94)	Stephanie Mullarney 23.22 (97)	Stephanie Mullarney 22.50 (02)	Geraldine George 14.83 (00)		Eva Osborne 9.26 (03)	Anne Martin 10.8 (03)			Anne Martin 10.36 (16)	Anne Martin 9.28 (21) BR	
Discus		Liz Burchell 19.62 (94)	Sarah Watson 18.66 (97)	Kate Barlow 16.26 (98)	Stephanie Mullarney 16.07 (02)		Hazel Marchant 10.30 (97)	Anne Martin 20.08 (97)	Anne Martin 17.29 (01)	Anne Martin 18.03 (10)	Anne Martin 17.44 (13)	Anne Martin 13.04 (16)	Anne Martin 10.76 (21)	
Shot			Sarah Watson 8.61 (97)	Lynne Brown 7.94 (95)	Geraldine George 6.35 (95)			Anne Martin 8.96/3k (97)	Anne Martin 7.66 (01)	Anne Martin 7.57 (07)	Anne Martin 8.11 (11)	Anne Martin 6.99 (16)	Anne Martin 6.20 (22) BR	
Weight										Anne Martin 7.25 (10)	Anne Martin 10.09 (11) BR	Anne Martin 8.57 (16) BR	Anne Martin 7.94 (22) BR	
High Jump			Carol Filer 1.20 (93)	Elize Hartendorp 1.05 (98)	Elize Hartendorp 1.08 (02)			Anne Martin 1.05 (98)						
Long Jump			Carol Filer 5.42 (95)	Yvonne Newton 3.78 (99)	Yvonne Newton 4.16 (00)		Hazel Marchant 2.14 (99)	Anne Martin 3.41 (99)	Anne Martin 3.39 (01)	Anne Martin 3.31 (09)	Anne Martin 2.91 (13)	Anne Martin 2.64 (16) BR	Anne Martin 1.91 (22) BR	
Triple Jump			Carole Filer 10.09 (95)	Elize Hartendorp 7.07 (98)	Yvonne Newton 8.49 (01)			Anne Martin 7.17 (00)	Anne Martin 7.40 (01)	Anne Martin 6.95 (08) BR	Anne Martin 6.70 (11) BR	Anne Martin 5.88 (11) BR	Anne Martin 4.61 (22) BR	
Pole Vault			Anne Poole 1.90 (96)											
Steeple Chase (2000m)					Shona Fairchild 8.35 (03)			Eva Osborne 10.52 (03) ER	Anne Martin 10.33 (03) ER	Anne Martin 10.49 (07) WR	Anne Martin 11.40 (11) WR	Anne Martin 13.38 (16) WR	Anne Martin 16: 55:73 (22) WR	
1 Mile Walk			Stephanie Mullarney 11.31 (96)	Angie Bear 10.11 (01)	Angie Bear 10.18 (02)		Hazel Marchant 10.48 (98)	Eva Osborne 12.31 (02)						
2k Walk			Stephanie Mullarney 13.33 (96)	Stephanie Mullarney 13.01 (01)	Elize Hartendorp 13.27 (02)		Hazel Marchant 15.16 (00)	Carol Gibbons 15.26 (97)						